

12 The Presentation of Self in Everyday Life

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Introduction

When an individual enters the presence of others, they commonly seek to acquire information about him or to bring into play information about him already possessed. They will be interested in his general socioeconomic status, his conception of self, his attitude toward them, his competence, his trustworthiness, etc. Although some of this information seems to be sought almost as an end in itself, there are usually quite practical reasons for acquiring it. Information about the individual helps to define the situation, enabling others to know in advance what he will expect of them and what they may expect of him. Informed in these ways, the others will know how best to act in order to call forth a desired response from him.

For those present, many sources of information become accessible and many carriers (or "sign-vehicles") become available for conveying this information. If unacquainted with the individual, observers can glean clues from his conduct and appearance which allow them to apply their previous experience with individuals roughly similar to the one before them or, more important, to apply untested stereotypes to him. They can also assume from past experience that only individuals of a particular kind are likely to be found in a given social setting. They can rely on what the individual says about himself or on documentary evidence he provides as to who and what he is. If they know, or know of, the individual by virtue of experience prior to the interaction, they can rely on assumptions as to the persistence and generality of psychological traits as a means of predicting his present and future behavior.

However, during the period in which the individual is in the immediate presence of the others, few events may occur which directly provide the others with the conclusive information they will need if they are to direct wisely their own activity. Many crucial facts lie beyond the time and place of interaction or lie concealed within it. For example, the "true" or "real" attitudes, beliefs, and emotions of the individual can be ascertained only indirectly, through his avowals or through what appears to be involuntary expressive behavior. Similarly, if the individual offers the others a product or service, they will often find that during the interaction there will be no time and place immediately available for eating the pudding that the proof can be found in. They will be forced to accept some events as conventional or natural signs of something not directly available to the senses. In Ichheiser's terms, the individual will have to act so that he intentionally or unintentionally *expresses* himself, and the others will in turn have to be *impressed* in some way by him (Ichheiser 1949: 6-7).

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The expressiveness of the individual (and therefore his capacity to give impressions) appears to involve two radically different kinds of sign activity: the expression that he *gives*, and the expression that he *gives off*. The first involves verbal symbols or their substitutes which he uses admittedly and solely to convey the information that he and the others are known to attach to these symbols. This is communication in the traditional and narrow sense. The second involves a wide range of action that others can treat as symptomatic of the actor, the expectation being that the action was performed for reasons other than the information conveyed in this way. As we shall have to see, this distinction has an only initial validity. The individual does of course intentionally convey misinformation by means of both of these types of communication, the first involving deceit, the second feigning.

Taking communication in both its narrow and broad sense, one finds that when the individual is in the immediate presence of others, his activity will have a promissory character. The others are likely to find that they must accept the individual on faith, offering him a just return while he is present before them in exchange for something whose true value will not be established until after he has left their presence. (Of course, the others also live by inference in their dealings with the physical world, but it is only in the world of social interaction that the objects about which they make inferences will purposely facilitate and hinder this inferential process.) The security that they justifiably feel in making inferences about the individual will vary, of course, depending on such factors as the amount of information they already possess about him, but no amount of such past evidence can entirely obviate the necessity of acting on the basis of inferences. As William I. Thomas suggested:

It is also highly important for us to realize that we do not as a matter of fact lead our lives, make our decisions, and reach our goals in everyday life either statistically or scientifically. We live by inference. I am, let us say, your guest. You do not know, you cannot determine scientifically, that I will not steal your money or your spoons. But inferentially I will not, and inferentially you have me as a guest. (quoted in Volkart 1951: 5)

Let us now turn from the others to the point of view of the individual who presents himself before them. He may wish them to think highly of him, or to think that he thinks highly of them, or to perceive how in fact he feels toward them, or to obtain no clear-cut impression; he may wish to ensure sufficient harmony so that the interaction can be sustained, or to defraud, get rid of, confuse, mislead, antagonize, or insult them. Regardless of the particular objective which the individual has in mind and of his motive for having this objective, it will be in his interests to control the conduct of the others, especially their responsive treatment of him. This control is achieved largely by influencing the definition of the situation which the others come to formulate, and he can influence this definition by expressing himself in such a way as to give them the kind of impression that will lead them to act voluntarily in accordance with his own plan. Thus, when an individual appears in the presence of others, there will usually be some reason for him to mobilize his activity so that it will convey an impression to others which it is in his

interests to convey. Since popularity from the calls of girls will arrange for calls to attend:

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Of the two kinds of communication - this report will be primarily contextual kind, the non-verbal communication be purposely engaged. I would like to cite a vacationing Englishman, making a hotel in Spain:

But in any case he took care to clear to those potential competitors whatsoever. He stared through the beach might have been embarrassed; then let a smile around dazed to see that there himself and not a smile at the of space.

But it was time to institute handlings he gave any who Spanish translation of Homer, gathered together his beach and Sensible Preedy), rose slowly tossed aside his sandals (Care

The marriage of Preedy involved the stroll that turns into smoothing into a strong splash to the horizon. Quite sudden splashes with his legs, something he wanted to, and then would was.

The alternative course was risk of appearing too high-spirited Mediterranean, and this part of it. It involved a slow stroll down toes were wet, land and water surveying portents, invisible (Sansom 1956: 230-2)

interests to convey. Since a girl's dormitory mates will glean evidence of her popularity from the calls she receives on the phone, we can suspect that some girls will arrange for calls to be made, and Willard Waller's finding can be anticipated:

It has been reported by many observers that a girl who is called to the telephone in the dormitories will often allow herself to be called several times, in order to give all the other girls ample opportunity to hear her paged. (Waller 1937: 730).

Of the two kinds of communication – expressions given and expressions given off – this report will be primarily concerned with the latter, with the more theatrical and contextual kind, the non-verbal, presumably unintentional kind, whether this communication be purposely engineered or not. As an example of what we must try to examine, I would like to cite at length a novelistic incident in which Preedy, a vacationing Englishman, makes his first appearance on the beach of his summer hotel in Spain:

But in any case he took care to avoid catching anyone's eye. First of all, he had to make it clear to those potential companions of his holiday that they were of no concern to him whatsoever. He stared through them, round them, over them – eyes lost in space. The beach might have been empty. If by chance a ball was thrown his way, he looked surprised; then let a smile of amusement lighten his face (Kindly Preedy), looked round dazed to see that there *were* people on the beach, tossed it back with a smile to himself and not a smile *at* the people, and then resumed carelessly his nonchalant survey of space.

But it was time to institute a little parade, the parade of the Ideal Preedy. By devious handlings he gave any who wanted to look a chance to see the title of his book – a Spanish translation of Homer, classic thus, but not daring, cosmopolitan too – and then gathered together his beach-wrap and bag into a neat sand-resistant pile (Methodical and Sensible Preedy), rose slowly to stretch at ease his huge frame (Big-Cat Preedy), and tossed aside his sandals (Carefree Preedy, after all).

The marriage of Preedy and the sea! There were alternative rituals. The first involved the stroll that turns into a run and a dive straight into the water, thereafter smoothing into a strong splashless crawl towards the horizon. But of course not really to the horizon. Quite suddenly he would turn on to his back and thrash great white splashes with his legs, somehow thus showing that he could have swum further had he wanted to, and then would stand up a quarter out of water for all to see who it was.

The alternative course was simpler, it avoided the cold-water shock and it avoided the risk of appearing too high-spirited. The point was to appear to be so used to the sea, the Mediterranean, and this particular beach, that one might as well be in the sea as out of it. It involved a slow stroll down and into the edge of the water – not even noticing his toes were wet, land and water all the same to *him!* – with his eyes up at the sky gravely surveying portents, invisible to others, of the weather (Local Fisherman Preedy). (Sansom 1956: 230–2)

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Performances

Belief in the Part One is Playing

When an individual plays a part he implicitly requests his observers to take seriously the impression that is fostered before them. They are asked to believe that the character they see actually possesses the attributes he appears to possess, that the task he performs will have the consequences that are implicitly claimed for it, and that, in general, matters are what they appear to be. In line with this, there is the popular view that the individual offers his performance and puts on his show "for the benefit of other people." It will be convenient to begin a consideration of performances by turning the question around and looking at the individual's own belief in the impression of reality that he attempts to engender in those among whom he finds himself.

At one extreme, one finds that the performer can be fully taken in by his own act; he can be sincerely convinced that the impression of reality which he stages is the real reality. When his audience is also convinced in this way about the show he puts on – and this seems to be the typical case – then for the moment at least, only the sociologist or the socially disgruntled will have any doubts about the "realness" of what is presented.

At the other extreme, we find that the performer may not be taken in at all by his own routine. This possibility is understandable, since no one is in quite as good an observational position to see through the act as the person who puts it on. Coupled with this, the performer may be moved to guide the conviction of his audience only as a means to other ends, having no ultimate concern in the conception that they have of him or of the situation. When the individual has no belief in his own act and no ultimate concern with the beliefs of his audience, we may call him cynical, reserving the term "sincere" for individuals who believe in the impression fostered by their own performance. It should be understood that the cynic, with all his professional disinvolvement, may obtain unprofessional pleasures from his masquerade, experiencing a kind of gleeful spiritual aggression from the fact that he can toy at will with something his audience must take seriously.

It is not assumed, of course, that all cynical performers are interested in deluding their audiences for purposes of what is called "self-interest" or private gain. A cynical individual may delude his audience for what he considers to be their own good, or for the good of the community, etc. For illustrations of this we need not appeal to sadly enlightened showmen such as Marcus Aurelius or Hsun Tzū. We know that in service occupations practitioners who may otherwise be sincere are sometimes forced to delude their customers because their customers show such a heartfelt demand for it. Doctors who are led into giving placebos, filling station attendants who resignedly check and recheck tire pressures for anxious women motorists, shoe clerks who sell a shoe that fits but tell the customer it is the size she wants to hear – these are cynical performers whose audiences will not allow them to be sincere. Similarly, it seems that sympathetic patients in mental wards will sometimes feign bizarre symptoms so that student nurses will not be subjected to a disappointingly sane performance (see Taxel 1953: 4).¹ So also, when inferiors extend their most lavish reception for

visiting superiors, the inferior may be tactful about the fact that he is inferior to the superior.

I have suggested that the cynic is cynical about it. The cynic is on the continuum. Each particular security arrangement has traveled close to or far from the inward belief in cynicism described by Park:

It is probably no more than a mask. It is rather a role, or less consciously, these roles that we play.

In a sense, and in a way that we do not ourselves – the role we would like to be. It is an integral part of our identity as an actor, and becomes a part of our character.

This may be illustrated by the fact that in the years the island's tourist industry has grown, the crofter origins. From the early conceptions as to how the middle-class service industry should have become less cynical, the middle class is becoming middle class again, and impute to them.

Another illustration is the fact that in order to maintain the etiquette in order to maintain the rules so that his organization will respect him.

As suggested, the cynic is starting with conviction that the public holds which the public holds in this direction, and the realization that they are making the claims they make means of insulating themselves even expect to find the kind of involvement that is put forth several times before and turning-points of the schools suggest that the cynic aside their holy aspirations students find that the

visiting superiors, the selfish desire to win favor may not be the chief motive; the inferior may be tactfully attempting to put the superior at ease by simulating the kind of world the superior is thought to take for granted.

I have suggested two extremes: an individual may be taken in by his own act or be cynical about it. These extremes are something a little more than just the ends of a continuum. Each provides the individual with a position which has its own particular securities and defenses, so there will be a tendency for those who have traveled close to one of these poles to complete the voyage. Starting with lack of inward belief in one's role, the individual may follow the natural movement described by Park:

It is probably no mere historical accident that the word person, in its first meaning, is a mask. It is rather a recognition of the fact that everyone is always and everywhere, more or less consciously, playing a role. . . . It is in these roles that we know each other; it is in these roles that we know ourselves. (Park 1950: 249)

In a sense, and in so far as this mask represents the conception we have formed of ourselves – the role we are striving to live up to – this mask is our truer self, the self we would like to be. In the end, our conception of our role becomes second nature and an integral part of our personality. We come into the world as individuals, achieve character, and become persons. (ibid.: 250)

This may be illustrated from the community life of Shetland. For the last four or five years the island's tourist hotel has been owned and operated by a married couple of crofter origins. From the beginning, the owners were forced to set aside their own conceptions as to how life ought to be led, displaying in the hotel a full round of middle-class services and amenities. Lately, however, it appears that the managers have become less cynical about the performance that they stage; they themselves are becoming middle class and more and more enamored of the selves their clients impute to them.

Another illustration may be found in the raw recruit who initially follows army etiquette in order to avoid physical punishment and eventually comes to follow the rules so that his organization will not be shamed and his officers and fellow soldiers will respect him.

As suggested, the cycle of disbelief-to-belief can be followed in the other direction, starting with conviction or insecure aspiration and ending in cynicism. Professions which the public holds in religious awe often allow their recruits to follow the cycle in this direction, and often recruits follow it in this direction not because of a slow realization that they are deluding their audience – for by ordinary social standards the claims they make may be quite valid – but because they can use this cynicism as a means of insulating their inner selves from contact with the audience. And we may even expect to find typical careers of faith, with the individual starting out with one kind of involvement in the performance he is required to give, then moving back and forth several times between sincerity and cynicism before completing all the phases and turning-points of self-belief for a person of his station. Thus, students of medical schools suggest that idealistically oriented beginners in medical school typically lay aside their holy aspirations for a period of time. During the first two years the students find that their interest in medicine must be dropped that they may give all

their time to the task of learning how to get through examinations. During the next two years they are too busy learning about diseases to show much concern for the persons who are diseased. It is only after their medical schooling has ended that their original ideals about medical service may be reasserted (Becker and Greer 1958: 50-6)

While we can expect to find natural movement back and forth between cynicism and sincerity, still we must not rule out the kind of transitional point that can be sustained on the strength of a little self-illusion. We find that the individual may attempt to induce the audience to judge him and the situation in a particular way, and he may seek this judgment as an ultimate end in itself, and yet he may not completely believe that he deserves the valuation of self which he asks for or that the impression of reality which he fosters is valid. Another mixture of cynicism and belief is suggested in Kroeber's discussion of shamanism:

Next, there is the old question of deception. Probably most shamans or medicine men, the world over, help along with sleight-of-hand in curing and especially in exhibitions of power. This sleight-of-hand is sometimes deliberate; in many cases awareness is perhaps not deeper than the foreconscious. The attitude, whether there has been repression or not, seems to be as toward a pious fraud. Field ethnographers seem quite generally convinced that even shamans who know that they add fraud nevertheless also believe in their powers, and especially in those of other shamans: they consult them when they themselves or their children are ill. (Kroeber 1952: 311)

Staging and the Self

The general notion that we make a presentation of ourselves to others is hardly novel; what ought to be stressed in conclusion is that the very structure of the self can be seen in terms of how we arrange for such performances in our Anglo-American society.

In this report, the individual was divided by implication into two basic parts: he was viewed as a *performer*, a harried fabricator of impressions involved in the all-too-human task of staging a performance; he was viewed as a *character*, a figure, typically a fine one, whose spirit, strength, and other sterling qualities the performance was designed to evoke. The attributes of a performer and the attributes of a character are of a different order, quite basically so, yet both sets have their meaning in terms of the show that must go on.

First, character. In our society the character one performs and one's self are somewhat equated, and this self-as-character is usually seen as something housed within the body of its possessor, especially the upper parts thereof, being a nodule, somehow, in the psychobiology of personality. I suggest that this view is an implied part of what we are all trying to present, but provides, just because of this, a bad analysis of the presentation. In this report the performed self was seen as some kind of image, usually creditable, which the individual on stage and in character effectively attempts to induce others to hold in regard to him. While this image is entertained *concerning* the individual, so that a self is imputed to him, this self itself

does not derive from its generated by that attributed witnesses. A correctly staged self to a performed character that comes off, and is not an organic thing that has matured, and to die; it is presented, and the character credited or discredited.

In analyzing the self, the will profit or lose most by something of collaboratively producing and maintaining often bolted down in society for shaping the body, and persons whose activity or the scene from which the audience, whose interest self is a product of all of this genesis.

The whole machinery of breaks down, exposing its audience tact; and so forth to put us in the grips of and the firm self accorded sically from its performer.

Let us turn now from the performer. He has a capacity. He is given to having triumphant performance, vital discrediting in a public teammates and audiences, capacity for deeply felt exposure.

These attributes of the particular performances; they arise out of intimate interaction.

And now a final comment on this report, some language of routines and part settings and backstage; of gical strategies. Now it shows so far was in part a rhetorical

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does not derive from its possessor, but from the whole scene of his action, being generated by that attribute of local events which renders them interpretable by witnesses. A correctly staged and performed scene leads the audience to impute a self to a performed character, but this imputation – this self – is a *product* of a scene that comes off, and is not a *cause* of it. The self, then, as a performed character, is not an organic thing that has a specific location, whose fundamental fate is to be born, to mature, and to die; it is a dramatic effect arising diffusely from a scene that is presented, and the characteristic issue, the crucial concern, is whether it will be credited or discredited.

In analyzing the self, then, we are drawn from its possessor, from the person who will profit or lose most by it, for he and his body merely provide the peg on which something of collaborative manufacture will be hung for a time. And the means for producing and maintaining selves do not reside inside the peg; in fact these means are often bolted down in social establishments. There will be a back region with its tools for shaping the body, and a front region with its fixed props. There will be a team of persons whose activity on stage in conjunction with available props will constitute the scene from which the performed character's self will emerge, and another team, the audience, whose interpretive activity will be necessary for this emergence. The self is a product of all of these arrangements, and in all of its parts bears the marks of this genesis.

The whole machinery of self-production is cumbersome, of course, and sometimes breaks down, exposing its separate components: back region control; team collusion; audience tact; and so forth. But, well oiled, impressions will flow from it fast enough to put us in the grips of one of our types of reality – the performance will come off and the firm self accorded each performed character will appear to emanate intrinsically from its performer.

Let us turn now from the individual as character performed to the individual as performer. He has a capacity to learn, this being exercised in the task of training for a part. He is given to having fantasies and dreams, some that pleasurably unfold a triumphant performance, others full of anxiety and dread that nervously deal with vital discrediting in a public front region. He often manifests a gregarious desire for teammates and audiences, a tactful considerateness for their concerns; and he has a capacity for deeply felt shame, leading him to minimize the chances he takes of exposure.

These attributes of the individual *qua* performer are not merely a depicted effect of particular performances; they are psychobiological in nature, and yet they seem to arise out of intimate interaction with the contingencies of staging performances.

And now a final comment. In developing the conceptual framework employed in this report, some language of the stage was used. I spoke of performers and audiences; of routines and parts; of performances coming off or falling flat; of cues, stage settings and backstage; of dramaturgical needs, dramaturgical skills, and dramaturgical strategies. Now it should be admitted that this attempt to press a mere analogy so far was in part a rhetoric and a maneuver.

The claim that all the world's a stage is sufficiently commonplace for readers to be familiar with its limitations and tolerant of its presentation, knowing that at any time they will easily be able to demonstrate to themselves that it is not to be taken too seriously. An action staged in a theater is a relatively contrived illusion and an

admitted one; unlike ordinary life, nothing real or actual can happen to the performed characters – although at another level of course something real and actual can happen to the reputation of performers *qua* professionals whose everyday job is to put on theatrical performances.

And so here the language and mask of the stage will be dropped. Scaffolds, after all, are to build other things with, and should be erected with an eye to taking them down. This report is not concerned with aspects of theater that creep into everyday life. It is concerned with the structure of social encounters – the structure of those entities in social life that come into being whenever persons enter one another's immediate physical presence. The key factor in this structure is the maintenance of a single definition of the situation, this definition having to be expressed, and this expression sustained in the face of a multitude of potential disruptions.

A character staged in a theater is not in some ways real, nor does it have the same kind of real consequences as does the thoroughly contrived character performed by a confidence man; but the *successful* staging of either of these types of false figures involves use of *real* techniques – the same techniques by which everyday persons sustain their real social situations. Those who conduct face to face interaction on a theater's stage must meet the key requirement of real situations; they must expressively sustain a definition of the situation: but this they do in circumstances that have facilitated their developing an apt terminology for the interactional tasks that all of us share.

Note

- 1 Harry Stack Sullivan has suggested that the tact of institutionalized performers can operate in the other direction, resulting in a kind of *noblesse oblige* sanity. See his "Socio-psychiatric research," pp. 987–8.

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13 The Person

Philip

Introduction

Innumerable words have been used to describe the nature of the self. As Ro

social factors play a major role in the experience and interaction of the self in the social structure, the location in the social structure is constructed from the material and environmental contexts.

The significance of this sociology's guiding principles across generations of undergraduates, the concrete social creation of the self picture is incomplete. Surprisingly, the self continues to deserve our

From the early work of Mead on the development of self and similar intimate relationships, this chapter, in which I analyze and changed by virtue of interaction that occurs in

Self and Identity

The terms *self* and *identity* are definitional synthesis with a turgid, relying on the nomenclature of the 1959 publication of Goffman (1975; Gergen 1968; Mead and Deutschberger 1963) and only knowable by the person's mechanics that mot

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